

MENU - WEEK 1

MONDAY

V Mediterranean Vegetable Pasta
Tuna Jacket
Peas and Sweetcorn
Sunflower Seed Bread

Sticky Toffee Pudding and Custard
Yoghurt
Fresh Fruit

TUESDAY

Beef Hotpot
V Bean Cobbler
Cabbage and Carrots
Homemade Wholemeal Bread

Museli Krispie
Yoghurt
Fresh Fruit

WEDNESDAY

Pork Meatloaf and Gravy
V Vegetable Stir Fry
Cauliflower and Green Beans
Parsley Potatoes
Pitta Bread

Strawberry Ice Smoothie
Yoghurt
Fresh Fruit

THURSDAY

Fish Fingers
V Vegetarian Lasagne
Coleslaw and Green Salad
Potato Wedges
Sliced Wholemeal Bread

Apricot Bar and Custard
Yoghurt
Fresh Fruit

FRIDAY

Chicken Korma
V Veggie Tortillas
Carrots and Broccoli
Brown Rice
Naan Bread

Fruit Salad and Yoghurt
Yoghurt
Fresh Fruit



MENU - WEEK 2

Pork Sausages
V Vegetable Frittata
Baked Beans and Broccoli
Chipped Potatoes
Herbie Bread

Banana Muffin
Yoghurt
Fresh Fruit

Shepherds Pie
V Pea Pasta
Mixed Vegetables and Cauliflower
Tomato Bread

Herbie Carrot Cake and Custard
Yoghurt
Fresh Fruit

V Leek and Cheese Roll
Pasta Bolognese
Mixed Salad
Potato Wedges
Crusty White Bread

Rice/Semolina Pudding and Mandarins
Yoghurt
Fresh Fruit

Pork Steak and Gravy
V Cauliflower Cheese Bake
Peas and Mashed Carrot and Swede
Parsley Potatoes
Poppy Seed Bread

Forest Fruits Roly Poly and Custard
Yoghurt
Fresh Fruit

Tuna Pasta Bake
V Vegetable Risotto
Broccoli and Sweetcorn
Homemade Wholemeal Bread

Raisin Flapjack
Yoghurt
Fresh Fruit



MENU - WEEK 3

V Cheese and Tomato Pizza
Potato, Leek and Bacon Bake
Grated Carrot and Peas
Jacket Wedges
Homemade Garlic Bread

Peach Crumble and Custard
Fruit Yoghurt
Fresh Fruit

Mexican Beef
V Chick Pea and Tomato Jacket
Green Beans and Carrots
Brown Rice
Homemade Herbie Bread

Krispie Cereal Bar
Fruit Yoghurt
Fresh Fruit

Salmon Nibbles and Tomato Sauce
V Crumb Topped Vegetables
Peas and Sweetcorn
Saute Potatoes
Cheese Topped Flat Bread

Chocolate Berry Sponge
Chocolate Sauce
Fruit Yoghurt
Fresh Fruit

Chicken Pie and Gravy
V Stuffed Courgette
Broccoli and Cabbage
Parsley Potatoes
Crusty White Bread

Fresh Fruit Platter
Fruit Yoghurt
Fresh Fruit

H/M Pork Burger in a Bun and Tomato Sauce
V Eggy Potato Nests
Vegetable Sticks
Potato Wedges

Artic Roll and Pears
Yoghurt
Fresh Fruit